

HEALTHY AGEING

Physiotherapists around the globe celebrated World Physical therapy Day last month. The theme for this year 'Add Life to Years', reminds us all of our responsibility towards our society

World Confederation for Physical therapy represented the Physical therapy profession at the sixty ninth World Health Assembly in Switzerland 27 may 2016. Direct Access to Physical therapy, collecting data for Rehabilitation personal and Active Ageing are the key issues highlighted

United Nations Organisation recognized first October as International Day for Older Persons, and the theme for this year is 'Take stand against Ageism'. Promoting Healthy Ageing and building systems to meet the needs of older adults will be sound investments in a future where older people have the freedom to express themselves. Preventing Non Communicable diseases, promoting healthy life style and creating Age friendly environment plays an important role for Healthy Ageing

On behalf of the Editorial and Reviewer board, I personally thank all our authors and readers for your continuous support and contribution. We request your suggestions and advice for the benefit of our future researchers

I take this honor of announcing the release of International Journal of Physiotherapy and Research fifth Issue in the year 2016.

Srikanth Babu Venga
Editor In Chief