BACK GROUND

A 51 year old male patient met with a road traffic accident on August 2010. On examination the patient was unable to stand and walk. His right knee was swollen and complained of pain with instability. The X-Ray of patient showed transverse fracture of patella along with comminuted fracture of lower end of femur. He was treated with "K" wire and internal fixation. The patient was advised early physiotherapy which include range of motion exercises, knee strengthening and gait training.

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